# WILMS TUMOUR IN SUB-SAHARAN AFRICA: A LITERATURE REVIEW

## BACKGROUND

- Childhood cancer is neglected within global health and global surgery
- Aim 1: Identify key topics covered by the SSA Wilms literature
- Wilms tumour is a common paediatric tumour
- Majority curable very chemosensitive
- 90% survival in high income countries (HIC)
- Reported 11-50% survival in sub-Saharan Africa (SSA)<sup>1</sup>
- Black-African children have a higher risk of developing Wilms tumour<sup>2</sup>
- Aim 2: Analyse the global research activity on SSA Wilms tumour
- Volume of medical research does not correlated with regions with greatest clinical need<sup>3</sup>
- Control of research by SSA countries essential for maximizing benefit and avoiding scientific colonialism<sup>4</sup>

## METHODS

- Publications retrieved from Embase and MEDLINE (Fig 1)
- Search terms: Nephroblastoma OR Wilms OR Wilm
- Africa south of the Sahara OR Sub-Sahara\* OR [name of every SSA country]
- Duplication Limits: Article or review; English language; paediatric; 1950-2018
- Exclusion criteria: Non-Wilms exclusive cohort
- Exclusions Aim 1: Country of publication, country of population studied, and year of publication date were extracted and analysed.
- Aim 2: Thematic analysis was carried out

Fig 1: flowchart of article inclusion

180

121

Articles

included 41

59

80

## RESULTS

### AIM 1: KEY THEMES IDENTIFIED

### 1. Late presentation

- 13 publications
- Children present with advanced disease (stage III/IV) due to delayed presentation

Many papers have ascribed this to poverty, lack of education, and lack of experienced staff to diagnose early Kenya: "Earlier diagnosis would reduce diseaserelated deaths as numbers of unresectable disease and relapse are high."<sup>5</sup>

### 2. Incomplete treatment

- 11 publications
- Children often are unable to complete treatment or attend follow up
- Factors contributing to this are: difficulty in travelling to treatment, long wait times, and lack of communication of what to expect from treatment

Nigeria: *"The most significant variables which*" positively influenced the outcome were presentation at earlier stages ... and completion of therapy"<sup>6</sup>

### 3. Inaccessible treatment

- 14 publications
- Children are often unable to access the appropriate treatment due to
  - Cost of drugs and investigations
  - Presence of facilities/staff
  - Toll of travelling to treatment

Rwanda: "The cost of transport, investigations" and drugs were recorded as main contributing factors to the feasibility and cost of the treatment in 80% of the responses"<sup>7</sup>

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### AIM 2: GLOBAL RESEARCH ACTIVITY



Fig 2: Choropleth map showing the number of publications studying each country's population

#### Populations studied

- Only 10 sub-Saharan countries' populations studied in a Wilms tumour exclusive cohort (Fig 2)
- South Africa (n=10), Kenya (n=9), Malawi (n=9), Nigeria (n=8), Rwanda (n=1), Sudan (n=1), Zambia (n=1), Zimbwabe (n=1), Ghana (n=1), *Cameroon (n=1)*



Table 1: Table showing the distribution of departments of publication and departments of collaboration (non-lead co-authors). Lines between columns show international collaborations between countries. Orange - SSA countries, blue - HICs, yellow – non-SSA LMICs.

### Authorship and Collaboration

- Most publications (n=21) were from SSA departments with no international collaboration
- 13 publications were international collaborations
  - 7 of these papers were published by HIC departments
- 2 papers originating from one USA centre had no African authors







Fig 3: Graph showing the number of publications on a SSA Wilms exclusive cohort over the time period

### Annual activity

There has been an upwards trend of papers produced per year on a SSA Wilms tumour exclusive cohort (Fig 3)

## CONCLUSION & THE FUTURE

### **Aim 1:**

- 3 Barriers to good prognosis identified
- 1) Late presentation: leads to tumours too advanced for curative treatment and treatment-related deaths
- 2) Incomplete treatment: due to strained resources and lack of education
- 3) Inaccessible treatment: lack of affordable, local, and available drugs and facilities, especially chemotherapy.
- These barriers prevent children that would survive in HICs surviving

#### **Aim 2**:

- Literature on SSA Wilms tumour is sparse and does not include the majority of SSA countries
- The bulk of the research effort is SSA driven

### **The Future**

- Improved access to chemotherapy through institutionalised approaches
- Development of affordable heath care and insurance
- Patient education and primary health care
- National research hubs
- Collaboration both with global North and global South
  - Projects such as OXPLORE

